



Zayar Lin, MD
Internal Medicine
Zayar Lin 醫生 – 內科

Clinic Location:
NEMS Sunset-Noriega Clinic
1400 Noriega Street
San Francisco, CA 94122
1-888-500-1886

Clinic Hours:
Mon-Fri 8:00am-6:00pm
Saturdays 8:00am-12:00pm &
1:00pm-5:00pm
Closed Sundays & Holidays

指定診所
三藩市 Noriega 街診所
1400 Noriega Street
San Francisco, CA 94122
電話 1-888-500-1886

診所營業時間
週一至週五 8:00-6:00
週六 8:00-12:00 及
1:00-5:00
週日及假日休息

Dear NEMS Member,

My name is Zayar Lin and it is a privilege to serve as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That's why I wanted to tell you a little bit more about me.

I earned my medical degree from the University of Medicine 1 in Yangon, Myanmar, with a focus on internal medicine. After graduating, I completed my residency at Maimonides Medical Center in Brooklyn, New York.

I joined NEMS in 2025 and have been providing care to the community ever since. My clinical interests include hypertension, diabetes, obesity management, and cardiovascular disease. I am fluent in Mandarin, Burmese, and English. In my spare time, I enjoy playing soccer, traveling, and exploring different cuisines and cultures.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Lin, your PCP.

尊敬的東北會員，

我是東北醫療中心的 Zayar Lin 醫生，很高興能夠成為您的主診醫護師。了解您的主治醫師並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於緬甸仰光第一醫學院 (University of Medicine 1, Yangon, Myanmar)，專注於內科，之後在紐約布魯克林的邁蒙尼德醫療中心 (Maimonides Medical Center, Brooklyn, NY) 完成住院醫師培訓。

我可以說流利的國語、緬甸語及英語，從 2025 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。我的專業興趣包括高血壓、糖尿病、肥胖管理和心血管疾病。在業餘時間我喜歡踢足球、旅行，以及探索不同類型的美食和文化。

作為您的主診醫護師，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Zayar Lin, MD
Zayar Lin 醫生謹啟



NORTH EAST
MEDICAL SERVICES
東北醫療中心