



**Sabi Ahmed, MD**  
**Family Practice**  
**阿密醫生 – 家庭科**

**Clinic Location:**

**NEMS Lundy Clinic**  
1870 Lundy Avenue  
San Jose, CA 95131  
1-888-500-1886

**Clinic Hours:**

Mon-Fri 8:00am-6:00pm  
Saturdays 8:00am-12:00pm &  
1:00pm-5:00pm  
Closed Sundays & Holidays

**指定診所**

**聖荷西 Lundy 街診所**  
1870 Lundy Avenue  
San Jose, CA 95131  
電話 1-888-500-1886

**診所營業時間**

週一至週五 8:00-6:00  
週六 8:00-12:00 及  
1:00-5:00  
週日及假日休息

Dear NEMS Member,

My name is Sabi Ahmed and it is a privilege to serve you as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That's why I wanted to tell you a little bit more about me.

I pursued my medical degree at the University of M.P. in India, focusing on Family Practice. After I graduated, I completed my residency at the S. S. Medical College in Rewa, India, and San Joaquin General Hospital in French Camp, California.

I joined NEMS in 2009 and have been providing health care to the community ever since. I hold a board certification from the American Board of Family Medicine and am particularly interested in adult medicine, women's health, and pediatrics. I'm fluent in several languages, including Hindi and English.

In my spare time, I enjoy spending time with my family.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Ahmed, your PCP.

尊敬的東北會員，

我是東北醫療中心的阿密醫生，很高興能夠成為您的主診醫生。了解您的主診醫生並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於印度的 University of M.P. 醫學院，專注於家庭科，之後在印度中央邦的 S. S. Medical College 及加州 San Joaquin 總醫院完成見習醫生培訓。我擁有美國家庭科醫學委員會 (American Board of Family Medicine) 的認證，專業興趣包括成人科、婦女健康、以及兒科。我可以說流利的印度語及英語，從 2009 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。在業餘時間我喜歡抽時間陪伴家人。

作為您的主診醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生或醫護師重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

**Sabi Ahmed, MD**  
**阿密醫生 謹啟**



**NORTH EAST**  
**MEDICAL SERVICES**  
東 北 醫 療 中 心