Lydia Chan, MD
Internal Medicine
陳栩寧 醫生 – 內科

Clinic Location:
NEMS Portola Clinic
2574 San Bruno Avenue
San Francisco, CA 94134
1-888-500-1886

Clinic Hours:
Mon-Fri 8:00am-6:00pm
Saturdays 8:00am-12:00pm
& 1:00pm-5:00pm
Closed Sundays & Holidays

指定診所
三藩市波特羅區診所
2574 San Bruno Avenue
San Francisco, CA 94134
電話 1-888-500-1886

診所營業時間
週一至週五 8:00-6:00
週六 8:00-12:00 及
1:00-5:00
週日及假日休息

Dear NEMS Member,

My name is Lydia Chan and it is a privilege to serve as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That is why I wanted to tell you a little bit more about me.

I received my medical degree from the Ross University School of Medicine. After I graduated, I completed an internship and residency at the St. Mary's Medical Center in San Francisco. I am board certified through the American Board of Internal Medicine.

I joined NEMS in 2019 and have been providing health care to the community ever since. I am fluent in Cantonese and English, limited in Mandarin and have a professional interest in hospital medicine, preventative medicine, geriatric medicine, dermatology and autoimmune diseases. In my spare time, I enjoy travel, teaching, spending time with family, singing, dancing, music and continuing medical education.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Chan, your PCP.

尊敬的東北會員，

我是東北醫療中心的陳栩寧醫生，很高興能夠成為您的主診醫生。了解您的主診醫生並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於羅斯大學醫學院(Ross University School of Medicine)，專注於內科，之後在三藩市聖瑪麗醫療中心(St. Mary's Medical Center) 完成見習醫生培訓和醫療實習。我持有美國內科醫學委員會 (American Board of Internal Medicine) 的認證。我可以說流利的粵語及英語，和有限的國語。從 2019 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。我對醫院醫學、預防醫學、老年醫學、皮膚病學和自身免疫性疾病有專業興趣，在業餘時間喜歡旅行、教學、與家人共度時光、唱歌、跳舞、音樂和醫學教育。

作為您的主診醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生或醫護師重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Lydia Chan, MD
陳栩寧醫生 謹啟

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東 北 醫 療 中 心