Lawrence Ham, PA-C
Internal Medicine
譚智勇 醫師助理
家庭科

Clinic Location:
NEMS Lundy Clinic
1870 Lundy Avenue
San Jose, CA 95131
1-888-500-1886

Clinic Hours:
Mon-Fri 8:00am-6:00pm
Saturdays 8:00am-12:00pm
& 1:00pm-5:00pm
Closed Sundays & Holidays

指定診所
聖荷西 Lundy 街診所
1870 Lundy Avenue
San Jose, CA 95131
電話 1-888-500-1886

診所營業時間
週一至週五 8:00-6:00
週六 8:00-12:00 及
1:00-5:00
週日及假日休息

Dear NEMS Member,

My name is Lawrence Ham and it is a privilege to serve as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That's why I wanted to tell you a little bit more about me.

I pursued my Physician Assistant degree at California State University, Monterey Bay. I hold a board certification from the National Commission on Certification of Physician Assistants and am particularly interested in underserved adult primary care.

I joined NEMS in 2025 and have been providing health care to the community ever since. I am fluent in Cantonese, medical and conversational Spanish, and English. When not at work, I enjoy travel, cooking, yelping and trying new foods.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Physician Assistant Ham, your PCP.

尊敬的東北會員，

我是東北醫療中心的譚智勇醫師助理，很高興能夠成為您的主診醫師。了解您的主診醫師並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於加州州立大學蒙特利灣分校 (California State University, Monterey Bay)。我擁有美國國家醫師助理認證委員會 (National Commission on Certification of Physician Assistants) 認證，專業興趣是為缺乏醫療服務的成人提供基本醫療保健服務。我可以說流利的粵語和英語以及西班牙語醫療用語及基本會話。在業餘時間我喜歡旅行、烹飪和瀏覽 Yelp 評價和嘗試新美食。從 2025 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。

作為您的主診醫師，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生或醫護師重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

Lawrence Ham, PA-C
譚智勇 醫師助理 謹啟

NEMS NORTH EAST MEDICAL SERVICES
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東 北 醫 療 中 心