



**Bao Lin (Allen) Jian, MD**  
**Adult Medicine**  
**簡寶麟 醫生 - 家庭科**

**Clinic Location:**  
**NEMS Sunset-Noriega Clinic**  
1450 Noriega Street  
San Francisco, CA 94122  
1-888-500-1886

**NEMS Portola Clinic**  
2574 San Bruno Avenue  
San Francisco, CA 94134  
1-888-500-1886

**Clinic Hours:**  
Mon-Fri 8:00am-9:00pm  
Saturdays 8:00am-12:00pm &  
1:00pm-5:00pm  
Closed Sundays & Holidays

**指定診所**  
**三藩市 Noriega 街診所**  
1450 Noriega Street  
San Francisco, CA 94122  
電話 1-888-500-1886

**三藩市波特羅區診所**  
2574 San Bruno Avenue  
San Francisco, CA 94134  
電話 1-888-500-1886

**診所營業時間**  
週一至週五 8:00-9:00  
週六 8:00-12:00 及  
1:00-5:00  
週日及假日休息

Dear NEMS Member,

My name is Allen Jian and it is a privilege to serve as your primary care provider (PCP) at North East Medical Services (NEMS). Knowing who your PCP is and working with the same provider is very important in building trust and better health. That's why I want to tell you a little bit more about me.

I pursued my medical degree at George Washington University School of Medicine, focusing on Family Medicine; and completed my medical residency at MedStar Franklin Square Medical Center in Rossville, Maryland. I joined NEMS in 2020 and have been providing health care to the community ever since. I hold a certification from the American Board of Family Medicine and am particularly interested in prevention medicine, diabetes, cardiovascular disease, chronic lung diseases, and urgent care. I'm fluent in both Cantonese and English. In my spare time, I enjoy basketball, computers, travel, and food.

So remember, the next time you need quality health care, whether it's for a sore throat or an annual physical check-up, make sure to ask for me, Dr. Jian, your PCP.

尊敬的東北會員，

我是東北醫療中心的簡寶麟醫生，很高興能夠成為您的主診醫生。了解您的主診醫生並長期與其合作對於建立互信和跟進您的健康非常重要，我想藉此機會作一個簡單的自我介紹。

我畢業於喬治華盛頓大學醫學院，專注於家庭科，之後在馬里蘭州醫療之星富蘭克林廣場醫療中心 (MedStar Franklin Square Medical Center) 完成見習醫生培訓。我擁有美國家庭科醫學委員會 (American Board of Family Medicine) 頒發的認證，預防醫學、糖尿病、心血管疾病、慢性肺部疾病及緊急醫療。我可以說流利的粵語及英語。在業餘時間我喜歡籃球、電腦、旅遊和美食。從 2020 年加入東北醫療中心開始，一直致力於為社區人士提供優質的醫療服務。

作為您的主診醫生，我會比較了解您的健康狀況，可以迅速回答您的問題，確保您獲得最佳的醫療照顧。這將節省您向另一位醫生重新解釋保健需求的時間，也有助於進一步提高我們的工作效率和服務質量。下次當您要做例行檢查、或遇到緊急醫療狀況、或者有任何健康問題，請與我聯繫。

**Allen Jian, MD**  
**簡寶麟 醫生 謹啟**