



FOOD SAFETY CLASS

帶您認識食物安全

Brief Description: Food safety is essential in daily life to protect us from food poisoning and foodborne diseases. Each year, one in six Americans becomes ill from contaminated food, and some suffer severe harm or even death. To learn more about this topic, please attend the Food Safety Class at the NEMS Health Education Department.

簡介：食物安全對於日常生活至關重要，可以使我們遠離食物中毒和食源性疾病。每年約有六分之一的美國人因食用受污染的食物而患病，其中一些人的身體受到嚴重損害，甚至造成了死亡。如果您想了解更多有關此主題的信息，請參加東北醫療中心健康教育部的食物安全課程。

Location:

728 Pacific Ave., Room 117
San Francisco, CA 94133

Language:

Cantonese

地點:

三藩市柏思域街 728 號 117 室

語言:

粵語

Date 日期	Time 時間	Topic 主題
8/17/2026 Monday 星期一	10am - 11am 上午 10 時至 11 時	What is Food Poisoning? 甚麼是食物中毒？
8/24/2026 Monday 星期一	10am - 11am 上午 10 時至 11 時	Safe Food Preparation 安全地準備食物
8/31/2026 Monday 星期一	10am - 11am 上午 10 時至 11 時	Pantry Food Storage Guide 常溫食物儲存指引
9/14/2026 Monday 星期一	10am - 11am 上午 10 時至 11 時	Low Temperature Food Storage Guide 冷藏食物儲存指引

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Free language assistance services and auxiliary aids and services are available.

Si habla español, se encuentran disponibles servicios de asistencia lingüística gratuitos y ayudas/servicios auxiliares.

如果您說中文，我們可提供免費語言協助和輔助設施服務。

Nếu quý vị nói tiếng Việt, chúng tôi có thể cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí và các thiết bị và dịch vụ hỗ trợ phù hợp.