1 Insert a nasal swab 1/2” to 5/8” into a nostril. Rotate the swab against the inside of the nostril for 3 seconds while applying pressure with a finger to the outside of the nostril (see Figure 1).

2 Repeat on the other nostril with the same swab, using pressure on the outside of the other nostril (see Figure 2). To avoid specimen contamination, do not touch the swab tip to anything other than the inside of the nostril.

3 Remove and place the swab into the tube containing 3 ml of liquid. Break swab at the indicated break line and cap the specimen collection tube tightly.
Please **SCAN** the QR Codes below to view the Nasal Swab Collection Procedure videos.

**English**

**Chinese (Mandarin)**

國語

**Chinese (Cantonese)**

粵語